

Dear Parents/Caregivers,

Next week we will be starting our Personal and Sexual Health Learning. All materials used will be Ministry and District approved.

As per the BC Curriculum in grade 8, we will talk about sexual health, STI's, a review of puberty and reproductive systems, options for pregnancy in Canada, safer sex (contraception and STI protection), consent and sex and the law (including sexual exploitation, sexting and grooming). Personal identity, including sexual orientation, gender identity and expression will also be discussed, as will reliable sources of health information.

If you choose not to have your child participate in these lessons, you are required by the Ministry of Education to provide for alternate instruction of these topics and to provide your child's school with details as to how your child will complete this learning. You will also need to provide alternate arrangements for your child during this instructional time. Please let me know if this is your intention and how I can support you.

Note: Please encourage your child to share with you the discussion and factual information given during these lessons. The lessons will be informative and taught in a sensitive and respectful manner. Any ethical and moral concerns or questions that may be raised during class will be referred to home for discussion and decision making.

Respectfully,

Dylan Grier
Phys. Ed. 8 / Athletic Director
Phoenix Middle School

Please return the form below if **you do not want your child to participate in these lessons.**

As parent/guardian, I do not wish for my child to participate in classroom lessons on personal and sexual health. I will arrange for my child to have the health curriculum taught by an alternate delivery method.

In choosing an alternate delivery method, I understand that it is my responsibility as a parent/guardian to make the necessary arrangements with my child's teacher to provide an alternate location for my child during these lessons, as well as details as to how I will ensure my child receives this part of the curriculum.

Student Name _____
Parent/Guardian Name (Please Print) _____
Parent/Guardian Signature _____
Date _____